



**MARKET PLACE**  
MOTT HAVEN

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WE ACCEPT EVERY MAJOR CREDIT CARDS





**BREAKFAST SANDWICHES**

|                              |        |                                    |        |
|------------------------------|--------|------------------------------------|--------|
| 1. Eggs on a Roll.....       | \$3.99 | 9. Turkey & Egg.....               | \$6.24 |
| 2. Eggs & Cheese.....        | \$4.99 | 10. Turkey Egg & Cheese.....       | \$7.24 |
| 3. Bacon & Egg.....          | \$4.99 | 11. Turkey-Bacon & Egg.....        | \$6.24 |
| 4. Ham & Egg.....            | \$4.99 | 12. Turkey-Bacon Egg & Cheese..... | \$7.24 |
| 5. Sausage & Egg.....        | \$4.99 | 13. Western Omelette Sandwich..... | \$7.24 |
| 6. Bacon Egg & Cheese.....   | \$5.99 | 14. Bacon, Lettuce, & Tomato.....  | \$7.24 |
| 7. Ham Egg & Cheese.....     | \$5.99 | 15. Grill Cheese.....              | \$5.24 |
| 8. Sausage Egg & Cheese..... | \$5.99 | 16. Grill Cheese w/ Bacon.....     | \$7.24 |

**Breakfast Wraps**

|                                                                                                        |        |
|--------------------------------------------------------------------------------------------------------|--------|
| 1. Healthy Request Wrap 3 egg whites & fresh turkey on a whole wheat wrap.....                         | \$8.49 |
| 2. Classic Egg Wrap 2 eggs, boar's head ham, cheese & home fries on a white wrap.....                  | \$8.49 |
| 3. Breakfast Burrito Wrap 2 eggs, boar's head bacon, sausage, cheese & home fries on a white wrap..... | \$9.49 |
| 4. Veggie Wrap 2 eggs, onions, peppers, tomatoes & mushrooms on a spinach wrap.....                    | \$8.49 |
| 5. Cali Breakfast Wrap 3 egg whites, avocado, tomatoes & pepper jack cheese on a whole wheat wrap..... | \$8.49 |
| 6. Western Omelette Wrap 2 eggs, ham, cheese, bell peppers, onions on a white wrap.....                | \$8.49 |

**COFFEE**

|                                                               |                   |              |
|---------------------------------------------------------------|-------------------|--------------|
| HOT                                                           | SMALL             | LARGE        |
| • 100% Colombian Coffee.....                                  | \$2.00            | \$2.74       |
| • 100% Colombian Decaf.....                                   | \$2.00            | \$2.74       |
| • Cappuccino.....                                             | \$3.49            | \$4.74       |
| • Café Mocha.....                                             | \$3.49            | \$4.74       |
| • Café Americano.....                                         | \$3.49            | \$4.74       |
| • Café Latte.....                                             | \$3.49            | \$4.74       |
| • Gourmet Hot Chocolate.....                                  | \$2.49            | \$3.24       |
| • Espresso..... Single Shot.....\$3.49 Double Shot.....\$4.74 |                   |              |
| COLD                                                          |                   |              |
| • Ice Coffee.....                                             | \$2.99-16 oz..... | \$3.74-20 oz |
| • Cold Brew Coffee.....                                       | \$3.49-16 oz..... | \$4.74-20 oz |
| • Nitro Cold Brew.....                                        | \$4.49-16 oz..... | \$5.74-20 oz |

**TEAS**

|               |
|---------------|
| 10oz - \$2.00 |
| 16oz - \$2.49 |
| 20oz - \$3.00 |

- Lipton
- English Breakfast
- Earl Grey Tea
- Green Tea
- Peppermint Tea
- Cinnamon Apple Spice
- Chamomile Tea
- Lemon Ginger Tea
- Ginger Tea
- Raspberry Tea
- Lemon Zinger Tea

**BAGEL SANDWICHES**

|                                        |         |                                                                          |         |
|----------------------------------------|---------|--------------------------------------------------------------------------|---------|
| 1. Bagel w/ Butter.....                | \$2.49  | 9. New Yorker Plain Cream Cheese, Tomatoes & Lox.....                    | \$11.74 |
| 2. Bagel w/ Butter & Jelly.....        | \$3.49  | 10. Mott Haven Bagel Scallion Cream Cheese, Tomatoes, Avocado & Lox..... | \$13.74 |
| 3. Bagel w/ Cream Cheese.....          | \$3.49  | 11. VegetarianBagelVeggieCream Cheese, Tomatoes, Onion & Avocado.....    | \$8.74  |
| 4. Bagel w/ Cream Cheese & Jelly.....  | \$3.99  | 12. Bagel Gone Bananas Peanut Butter, Honey & Bananas.....               | \$6.74  |
| 5. Bagel w/ Scallion Cream Cheese..... | \$4.49  |                                                                          |         |
| 6. Bagel w/ Veggie Cream Cheese.....   | \$4.49  |                                                                          |         |
| 7. Bagel w/ Lox & Cream Cheese.....    | \$10.00 |                                                                          |         |
| 8. Bagel w/ Peanut Butter & Jelly..... | \$4.49  |                                                                          |         |

**OMELETTE PLATTERS**  
(Served with Home Fries & Toast)

|                                                                                                     |         |
|-----------------------------------------------------------------------------------------------------|---------|
| 1. Western Omelette.....                                                                            | \$9.49  |
| An omelette served w/ scrambled eggs, ham, bell peppers & onions.                                   |         |
| 2. Greek Omelette.....                                                                              | \$9.49  |
| An omelette served w/ scrambled eggs, olives, feta & cherry tomatoes.                               |         |
| 3. Healthy Request Omelette.....                                                                    | \$9.49  |
| An omelette served w/ 3 egg whites, grilled tomatoes & turkey.                                      |         |
| 4. California Omelette.....                                                                         | \$10.49 |
| An omelette served w/ scrambled eggs, mushrooms, bell peppers, broccoli, tomatoes & cheddar cheese. |         |
| 5. Monterey Omelette.....                                                                           | \$10.49 |
| An omelette served w/ scrambled eggs, bacon, avocado & pepper jack cheese served w/ salsa.          |         |
| 6. Florentine Omelette.....                                                                         | \$9.49  |
| An omelette served w/ scrambled eggs, feta cheese & spinach.                                        |         |
| 7. Santa Fe Omelette.....                                                                           | \$9.49  |
| An omelette served w/ scrambled eggs, onions, jalapeños, cilantro & cheddar cheese.                 |         |

**GRIDDLES**

|                                                                               |        |
|-------------------------------------------------------------------------------|--------|
| (Served with real butter and 100% Pure Natural Syrup & 2 Eggs.)               |        |
| Add Boar's Head Bacon, Sausage or Ham for \$1.99. Add Turkey Bacon for \$1.99 |        |
| • Waffles.....                                                                | \$9.24 |
| • French Toast.....                                                           | \$8.24 |
| • Two Slices of Grilled French Toast                                          |        |
| • Three Buttermilk Pancakes.....                                              | \$8.24 |

**PASTRIES**  
COLD PASTRIES

|                               |           |                               |        |
|-------------------------------|-----------|-------------------------------|--------|
| 1. Mixed Fruit Tarts.....     | \$4.49 lb | 7. Oreo Cheesecake.....       | \$4.49 |
| 2. Cannoli.....               | \$5.49    | 8. Chocolate Mousse Cake..... | \$4.49 |
| 3. Napoleon.....              | \$5.49    | 9. Tiramisu.....              | \$4.49 |
| 4. Cheesecake.....            | \$4.49    | 10. Carrot Cake.....          | \$4.49 |
| 5. Strawberry Cheesecake..... | \$4.49    | 11. Cookies & Cream Cake..... | \$4.49 |
| 6. Red Velvet.....            | \$4.49    | 12. Caramel Mousse Cake.....  | \$4.49 |

**CLASSIC DELI SANDWICHES**  
ROLL \$8.99 - HERO \$9.99 - WRAP \$9.99

|                                                       |                                                          |
|-------------------------------------------------------|----------------------------------------------------------|
| 1. TURKEY w/ cheese, Lettuce & Tomato                 | 11. GRILLED CHIPOTLE CHICKEN w/ Cheese, Lettuce & Tomato |
| 2. SMOKED TURKEY w/ Cheese, Lettuce & Tomato          | 12. BBQ TURKEY BURGER w/ Cheese, Lettuce & Tomato        |
| 3. HONEY GLAZED TURKEY w/ Cheese, Lettuce & Tomato    | 13. ROAST BEEF w/ Cheese, Lettuce & Tomato               |
| 4. PEPPER TURKEY w/ Cheese, Lettuce & Tomato          | 14. PASTRAMI w/ Cheese, Lettuce & Tomato                 |
| 5. SALSALITO TURKEY w/ Cheese, Lettuce & Tomato       | 15. CHOPPED w/ Cheese, Lettuce & Tomato                  |
| 6. BUFFALO CHICKEN BREAST w/ Cheese, Lettuce & Tomato | 16. CHICKEN PARMESAN                                     |
| 7. CHIPOTLE CHICKEN w/ Cheese, Lettuce & Tomato       | 17. MEATBALL PARMESAN                                    |
| 8. CHICKEN CUTLET w/ Cheese, Lettuce & Tomato         | 18. PHILLY CHEESE STEAK                                  |
| 9. GRILLED CHICKEN w/ Cheese, Lettuce & Tomato        |                                                          |
| 10. GRILLED BBQ CHICKEN w/ Cheese, Lettuce & Tomato   |                                                          |

**SALAD SANDWICHES**  
ROLL \$8.74 - HERO \$9.74 (With Lettuce & Tomato)

|                   |                  |
|-------------------|------------------|
| 1. Tuna Salad     | 4. Egg salad     |
| 2. Mexican Tuna   | 5. Chicken salad |
| 3. Vegetable Tuna | 6. Seafood Salad |

**APPETIZERS**

|                           |        |
|---------------------------|--------|
| • French Fries.....       | \$5.99 |
| • Curly Fries.....        | \$6.99 |
| • Sweet Potato Fries..... | \$6.99 |
| • Cheesy Fries.....       | \$6.99 |
| • Tater Tots.....         | \$5.99 |
| • Cheesy later tots.....  | \$6.99 |
| • Mozzarella Sticks.....  | \$7.99 |
| • Onion Rings.....        | \$5.99 |
| • Chicken Tenders.....    | \$7.99 |
| • Buffalo Wings.....      | \$7.99 |

**AVOCADO SANDWICHES \$10.99**

|                                                                                                                                                                                |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. HOT PASTRAMI AVOCADO SANDWICH hot pastrami, mozzarella cheese, spinach, tomatoes, avocado, grilled onions & chipotle mayo on rye bread.                                     |
| 2. THE SMOKED TURKEY AVOCADO SANDWICH smoked turkey, cheddar cheese, romaine lettuce, tomatoes, avocado & chipotle mayo on wheat bread.                                        |
| 3. THE ZESTY CHICKEN AVOCADO SANDWICH grilled lemon chicken, pepper jack cheese, lettuce, tomatoes, onions, avocado & balsamic vinaigrette on a roll.                          |
| 4. THE CHICKEN CLUB AVOCADO SANDWICH chicken cutlet, muenster cheese, bacon, avocado, lettuce, tomatoes & mayo on a multigrain hero.                                           |
| 5. THE VEGGIE BURGER AVOCADO SANDWICH veggie burger, fresh mozzarella cheese, romaine lettuce, tomatoes, avocado, roasted red peppers & russian dressing on a multigrain hero. |
| 6. THE CHIPOTLE GRILLED CHICKEN AVOCADO SANDWICH grilled chipotle chicken, provolone cheese, avocado, lettuce, tomatoes & ranch dressing on a sesame seeded hero.              |

**QUESADILLAS \$10.99**

|                                                                                                                                        |
|----------------------------------------------------------------------------------------------------------------------------------------|
| 1. CHICKEN QUESADILLAS grilled chicken, grilled peppers, grilled onions, cheddar cheese, mozzarella cheese.                            |
| 2. STEAK QUESADILLAS steak, grilled peppers, grilled onions, cheddar cheese, mozzarella cheese.                                        |
| 3. TRIPLE CHEESE QUESADILLAS mozzarella, cheddar, pepper jack cheese.                                                                  |
| 4. VEGGIE QUESADILLAS grilled peppers, grilled onions, grilled mushrooms, corn, jalapeños, mozzarella cheese, cheddar cheese w/ salsa. |

**COMBINATION SANDWICHES**

|                                                                                                        |                                                             |
|--------------------------------------------------------------------------------------------------------|-------------------------------------------------------------|
| ROLL - HERO                                                                                            | ROLL - HERO                                                 |
| 1. Americano Comb.....\$9.49 \$10.49                                                                   | 6. Chicken Club.....\$9.49 \$10.49                          |
| Turkey, roast beef, american cheese w/ lettuce & tomato.                                               | Chicken cutlet, bacon, muenster cheese w/ lettuce & tomato. |
| 2. Italian Combo #1.....\$9.49 \$10.49                                                                 | 7. Tuna Melt.....\$9.49 \$10.49                             |
| Ham, salami, provolone w/ lettuce & tomato.                                                            | Tuna salad, cheddar cheese & tomato.                        |
| 3. Italian Combo #2.....\$9.99 \$10.99                                                                 | 8. The Combo.....\$9.49 \$10.49                             |
| Ham, salami, pepperoni, provolone w/ lettuce & tomato.                                                 | Pastrami, corned beef, provolone w/ lettuce & tomato.       |
| 4. Turkey Club.....\$9.49 \$10.49                                                                      | 9. Chicken Cordon Bleu.....\$9.49 \$10.49                   |
| Turkey, bacon, pepper jack cheese w/ lettuce & tomato.                                                 | Chicken cutlet, ham, swiss cheese & mayo.                   |
| 5. The One of a Kind Sandwich.....\$9.99 \$10.99                                                       | 10. Cuban Sandwich.....\$9.49 \$10.49                       |
| Cracked pepper, mill turkey w/ bacon, pepper jack cheese, avocado, lettuce, tomatoes & ranch dressing. | Ham, roasted pork, swiss, pickles & mustard.                |

**PANINI \$10.99**  
Hot Grilled Sandwiches on European Flat Bread (Served w/ chips, pickles, & can of soda)

|                                                                                          |                                                                                                 |
|------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|
| 1. THE TORINO chicken cutlet, mozzarella cheese & sun-dried tomatoes.                    | 11. CALIFORNIA grilled chicken, avocado, mozzarella cheese & ranch dressing.                    |
| 2. BAY RIDGE grilled chicken, american cheese, bacon, lettuce & russian dressing.        | 12. SUNSET turkey, mozzarella cheese, tomatoes, avocado & ranch dressing.                       |
| 3. ONE OF A KIND peppermill turkey, pepper jack cheese, bacon, avocado & ranch dressing. | 13. ARIZONA chicken cutlet, pepper jack cheese, jalapeños & mayo.                               |
| 4. ITALIAN #2 ham, salami, pepperoni & provolone cheese.                                 | 14. CHIPOTLE chipotle chicken breast, pepper jack cheese, avocado & ranch dressing.             |
| 5. DELIGHTFUL honey maple turkey, swiss cheese, honey mustard, & coleslaw.               | 15. ITALIANO grilled chicken, mozzarella cheese, roasted peppers & pesto sauce.                 |
| 6. GRILLED CHICKEN FAJITA grilled chicken, roasted peppers, salsa & cheddar cheese.      | 16. CHICKEN CORDON BLEU chicken cutlet, ham, swiss cheese & mayo.                               |
| 7. CHICKEN PARMESAN chicken cutlet, mozzarella cheese & marinara sauce.                  | 17. NYC chicken cutlet, chipotle cheese, avocado & chipotle mayo.                               |
| 8. TURKEY CLUB turkey, bacon, pepper jack cheese, lettuce & tomatoes.                    | 18. MEATLESS fresh mozzarella, plum tomatoes, basil, spinach, sun dried tomatoes & pesto sauce. |
| 9. CHICKEN CLUB cricket cutlet, bacon, muenster cheese & russian dressing.               |                                                                                                 |
| 10. TUNA MELT tuna salad, cheddar cheese & tomatoes.                                     |                                                                                                 |

**BURGERS**

|                                |                |                                                 |
|--------------------------------|----------------|-------------------------------------------------|
|                                | BURGER-DELUXE  | BURGER-DELUXE                                   |
| 1. Beef Burger.....            | \$6.99 \$9.99  | 7. Pizza Burger.....\$7.99 \$10.99              |
| 2. Cheese Burger.....          | \$7.99 \$10.99 | w/ mozzarella & marinara sauce.                 |
| 3. Bacon Cheese Burger.....    | \$8.99 \$11.99 | 8. Texan Burger.....\$8.99 \$11.99              |
| 4. Mushroom Cheese Burger..... | \$8.99 \$11.99 | w/ BBQ sauce, bacon & pepper jack cheese.       |
| 5. Turkey Burger.....          | \$7.99 \$10.99 | 9. California Burger.....\$8.99 \$11.99         |
| 6. Veggie Burger.....          | \$7.99 \$10.99 | w/ avocado, mozzarella cheese & ranch dressing. |

**SALAD BY THE LB.**

|                           |         |                       |         |
|---------------------------|---------|-----------------------|---------|
| Tuna Salad.....           | \$10.00 | Potato Salad.....     | \$8.99  |
| Mexican Tuna Salad.....   | \$12.00 | Coleslaw Salad.....   | \$8.99  |
| Vegetable Tuna Salad..... | \$12.00 | Tortellini Pasta..... | \$10.00 |
| Chicken Salad.....        | \$12.00 | Pesto Pasta.....      | \$10.00 |

**WRAPS \$9.99**  
White / Wheat / Spinach / Sun-Dried Tomato

|                                                                                                                          |                                                                                                                    |
|--------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|
| 1. SICILIAN WRAP grilled chicken, mozzarella cheese, green peppers & onions.                                             | 11. ITALIAN CLASSIC WRAP ham, salami, fresh mozzarella cheese, lettuce, tomatoes & italian dressing.               |
| 2. ARIZONA WRAP chicken cutlet, pepper jack cheese, jalapeños, lettuce, tomatoes & mayo.                                 | 12. THE SANTA FE WRAP chipotle chicken, smoked poudra, red onion, spring mixed & lime mayonnaise.                  |
| 3. CAESAR WRAP grilled chicken, mozzarella cheese, lettuce & caesar dressing topped w/ parmesan cheese.                  | 13. THE PACKER WRAP chicken cutlet, cheddar cheese, avocado, banana, peppers, lettuce, tomatoes & chipotle mayo.   |
| 4. CALIFORNIA WRAP grilled chicken, avocado, mozzarella cheese, lettuce & ranch dressing.                                | 14. ALA-PESTO grilled chicken w/ pesto sauce, fresh mozzarella & spring mixed.                                     |
| 5. ALL AMERICAN WRAP roast beef, turkey, american cheese, lettuce, tomatoes & russian dressing.                          | 15. THE BROADWAY WRAP smoked turkey, avocado, bacon, lettuce, tomatoes & scallion cream cheese.                    |
| 6. BBQ WRAP BBQ chicken, avocado, cheddar cheese & tomatoes.                                                             | 16. NEW YORK WRAP roast beef, avocado, lettuce, tomatoes, swiss, mayo & american cheese.                           |
| 7. AVO WRAP oven gold turkey, swiss cheese, avocado, lettuce, tomatoes & ranch dressing.                                 | 17. I LOVE VEGGIE WRAP avocado, cucumbers, carrots, baby spinach, spring mixed, tomatoes & hummus spread.          |
| 8. RED & GREEN WRAP tuna salad with fire roasted red peppers & avocado.                                                  | 18. THE FALAFEL WRAP w/ crispy homemade falafel, lettuce, tomatoes, feta cheese, cucumbers & low fat tahini sauce. |
| 9. CHIPOTLE MAYO chipotle grilled chicken, mozzarella cheese, lettuce, tomatoes & ranch dressing.                        |                                                                                                                    |
| 10. WESTSIDE WRAP grilled chicken, fresh mozzarella cheese, sun dried tomatoes, spinach & balsamic vinaigrette dressing. |                                                                                                                    |

**CHEESE & MEATS BY THE LB.**

|                              |         |                         |         |
|------------------------------|---------|-------------------------|---------|
| Oven Golden Turkey.....      | \$13.99 | Beef Salami.....        | \$13.99 |
| Smoked Turkey.....           | \$13.99 | Pepperoni.....          | \$13.99 |
| Honey Maple Turkey.....      | \$13.99 | Bologna.....            | \$13.99 |
| Pepper Mill Turkey.....      | \$13.99 | American Cheese.....    | \$8.99  |
| Salsalito Turkey.....        | \$13.99 | Cheddar Cheese.....     | \$10.99 |
| Chipotle Chicken Breast..... | \$13.99 | Provolone Cheese.....   | \$10.99 |
| Buffalo Chicken Breast.....  | \$13.99 | Swiss Cheese.....       | \$10.99 |
| Roast Beef.....              | \$16.99 | Muenster Cheese.....    | \$10.99 |
| Corned Beef.....             | \$16.99 | Mozzarella Cheese.....  | \$10.99 |
| Pastrami.....                | \$16.99 | Pepper Jack Cheese..... | \$10.99 |
| Boar's Head Ham.....         | \$13.99 | Tropical Cheese.....    | \$10.99 |

**TOSSED SALAD**  
STEP 1 - CHOOSE YOUR BASE  
small \$4.49 - large \$5.49  
• Crisp Romaine  
• Mixed Greens  
• Baby Spinach  
STEP 2 - PICK YOUR TOPPINGS \$1.00 EACH  
• Grilled Chicken (lemon, BBQ, pesto, teriyaki)  
• Turkey Breast (maple honey, smoked or peppermill)  
• Chicken Cutlet  
• White Tuna  
• Artichoke hearts  
• Sun Dried Tomatoes  
• Avocado  
• Feta Cheese  
• Fresh Mozzarella  
• Ciligini  
• Blue Cheese Crumble  
• Shredded Mozzarella  
• Shredded Cheddar  
• Walnuts  
• Cranberries  
• Raisins  
STEP 3 - Pick Your Dressing  
• Creamy Italian  
• Creamy Russian  
• Creamy Caesar  
• Creamy Ranch  
• Creamy French  
• Blue Cheese  
• Balsamic Vinaigrette  
• Balsamic Vinegar  
• Fat Free Raspberry Vinaigrette  
• Golden Italian  
• Light Italian  
• Sesame Ginger  
• Honey Dijon  
• Olive Oil & Vinegar

**SMOOTHIES**  
16oz - \$6.99 • 20oz - \$7.99  
(Add 1 scoop protein powder - \$1.50)

|                                                                                                 |                                                             |
|-------------------------------------------------------------------------------------------------|-------------------------------------------------------------|
| 1. MANGO MONSTER mango, pineapple, orange, strawberries.                                        | 7. D-LICIOUS DETOX carrot, apple, cucumber, ginger & lemon. |
| 2. VERY BERRY strawberries, blueberries, watermelon blended w/ apple juice.                     | 8. COLD BUSTER carrot, orange, pineapple & ginger.          |
| 3. STRAWBERRIES ON MOTT HAVEN strawberries & banana blended w/ apple juice or milk.             | 9. SIMPLY JUICE watermelon, pineapple, orange, apple.       |
| 4. PEANUT BUTTER NANA banana, 1 scoop of peanut butter & soy or almond milk.                    | 10. ORANGE JUICE fresh orange juice.                        |
| 5. GREEN MONSTER spinach, kale, green apple, kiwi, mango, banana & pineapple.                   | 11. CARROT JUICE                                            |
| 6. WESTSIDE FAMOUS orange, mango, banana, pineapple, strawberries & papaya                      | 12. APPLE JUICE fresh pressed apple juice.                  |
| 7. ACAI ENERGY acai, banana, strawberries w/ apple juice.                                       | 13. GRAPEFRUIT JUICE                                        |
| 8. SUPER ME beets, carrots, banana, kale, ginger, papaya, strawberries & mango w/ fresh orange. | 14. CREATE YOUR OWN choice of                               |
| 9. I LOVE POM mango, banana, blueberries w/ pomegranate juice.                                  |                                                             |
| 10. MOTOHAWA SMOOTHIE kiwi, orange, strawberries, w/ pineapple juice.                           |                                                             |
| 11. COCONUT SMOOTHIE mango, banana, pineapple & blueberries blended w/ coconut.                 |                                                             |
| 12. GO ACAI acai, strawberries, blueberries, banana w/ apple juice or orange.                   |                                                             |
| 13. CALIFORNIA PEACH peach, pineapple, strawberries blended w/ apple juice & pomegranate.       |                                                             |
| 14. BANANA OAT banana, milk, oats, & honey.                                                     |                                                             |
| 15. SUPER 1 orange, pineapple & banana.                                                         |                                                             |
| 16. SUPER 2 banana, strawberries, apple, & papaya.                                              |                                                             |
| 17. SUPER 3 acai, strawberries, banana w/ soy or almond milk.                                   |                                                             |

**FRESH NATURAL JUICE**  
16oz - \$6.99 • 20oz - \$7.99

|                                                                           |                                                             |
|---------------------------------------------------------------------------|-------------------------------------------------------------|
| 1. HAWAIIAN pineapple, grapefruits, orange & mint.                        | 7. D-LICIOUS DETOX carrot, apple, cucumber, ginger & lemon. |
| 2. GO GREEN spinach, kale, cucumber, parsley, celery, lemon, green apple. | 8. COLD BUSTER carrot, orange, pineapple & ginger.          |
| 3. VEGGIE carrot, parsley, beets, celery & ginger.                        | 9. SIMPLY JUICE watermelon, pineapple, orange, apple.       |
| 4. HEALTHY ENERGY carrot, cucumber, apple, lemon, orange & ginger.        | 10. ORANGE JUICE fresh orange juice.                        |
| 5. FRESH FLORIDA carrot, orange, beet.                                    | 11. CARROT JUICE                                            |
| 6. SUNNY SKYLINE orange, apple, pear, pineapple.                          | 12. APPLE JUICE fresh pressed apple juice.                  |
|                                                                           | 13. GRAPEFRUIT JUICE                                        |
|                                                                           | 14. CREATE YOUR OWN choice of                               |